

PRE-OPERATIVE INSTRUCTIONS

- **Instructions for Specific Types of Anesthesia**

- Together, you and your dentist will discuss the dental procedure to be completed, as well as the type of anesthesia you will receive. The different types of anesthetics require different pre-operative instructions. If you have any questions regarding these choices, you should contact Dr. Sam prior to surgery.

- **Local and/or Nitrous Oxide**

- Little or no special preparation for either of these types of anesthesia is required other than a current medical history.

- **Oral Pre-medication**

- You must take the medication 1 hour prior to your appointment.
- You must not drive for 12 hours following taking this medication.
- You must have someone drive you both to and from your appointment.
- You must sign your Consent Form and give us an updated Medical History prior to taking this medication.

- **Intravenous "I.V." Sedation**

- To reduce the chances of nausea, do not eat or drink anything (including water) for at least six (6) hours prior to your appointment
- No smoking at least 12 hours before surgery. However, it is ideal to stop smoking altogether
- If your surgery is in the morning, do not eat or drink anything between bedtime and your scheduled appointment
- If your surgery is in the afternoon, a light breakfast before 7:00 a.m. is encouraged
- Unless specified by Dr. Sam, all medicines taken on a routine basis should be continued without interruption. Please take your normal medications with a minimal amount of water
- A responsible adult, over 18 years of age, should accompany you to the office and remain with you throughout the entire procedure. Following the sedation, this responsible adult should remain with you for the next 24 hours.
- Minors (under the age of 18 years) must be accompanied by a parent or legal guardian.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
- If you have an illness such as a cold, sore throat, stomach or bowel disturbance, please notify the office.
- Please wear loose fitting clothing with sleeves which can be rolled up past the elbow, and low-heeled shoes
- Contact lenses, jewelry, and dentures must be removed at the time of surgery.
- Following the sedation, you should refrain from driving an automobile or from engaging in any activity that requires alertness for the next 24 hours.